



# ISO 45001 FOUNDATION TRAINING

As per International Standards



# About ISO 45001 Foundation

---

## What is the ISO 45001 Standard?

ISO 45001 is the leading international standard for Occupational Health and Safety (OH&S). Published by the International Organization for Standardization, it provides a robust framework designed to protect employees, contractors, and visitors from work-related accidents, injuries, and diseases. Much like other modern management standards, it follows a proactive approach to risk, aiming to prevent harm before it occurs rather than simply reacting to incidents.



The backbone of ISO 45001 is the establishment of an OHSMS. This system integrates safety into the core business strategy, focusing heavily on:

**Hazard Identification:** Actively spotting potential sources of harm in the workplace.

**Risk Assessment & Control:** Evaluating those hazards and putting strict control measures in place to eliminate or minimize them.

**Worker Participation:** Actively involving employees at all levels in safety consultations, reporting, and decision-making.

# Importance of ISO 45001 Foundation Certification

---

- ✓ The ISO 45001 Foundation Certification validates a professional's understanding of global occupational health and safety standards. It equips individuals with essential skills to identify workplace hazards and mitigate operational risks effectively.
- ✓ Holding this credential establishes immediate professional credibility in risk management. Certified individuals seamlessly help organizations reduce workplace accidents, ensure strict legal compliance, and lower costly insurance premiums across various industries.
- ✓ Ultimately, this certification fosters a proactive, top-down safety culture. It enhances employee morale, protects corporate reputation, and drives continuous organizational improvement through standardized safety practices.
- ✓ ISO 45001 is a globally recognized international standard designed to help organizations establish a robust Occupational Health and Safety (OH&S) management system. By prioritizing employee well-being, this framework plays a critical role in any corporate structure, enabling businesses to proactively mitigate workplace hazards, reduce accidents, and protect their workforce from operational risks.

# Importance of ISO 45001 Foundation Certification

---

- ✓ To successfully implement this standard, organizations rely on qualified personnel. The ISO 45001 Foundation Certification demonstrates that a professional has acquired the foundational skills necessary to maintain and support these vital health and safety initiatives. Certified individuals possess the practical knowledge required to assist businesses in designing, developing, and continuously improving their OHSMS framework, ultimately fostering a safer and more compliant work environment.
- ✓ The ISO 45001 Foundation Training sessions are strategically designed for individuals aspiring to launch or advance a successful career in occupational health and safety. The training outlines the critical business need for implementing this standard, clarifying the strict requirements organizations must comply with to achieve formal certification.
- ✓ Because the ISO 45001 framework is an internationally respected benchmark, professionals holding this credential gain instant global recognition. This training ensures individuals possess the standardized skills needed to manage workplace safety effectively, unlocking diverse career opportunities in the global job market.

# WHO SHOULD ATTEND

---

- ✓ Managers, technical experts, QMS team members, and any professional who wants to broaden their knowledge of the standard can take up the **ISO 45001 Foundation Certification Training**.

## ELIGIBILITY CRITERIA

---

- ✓ There are no prerequisites for attending **ISO 45001 Foundation Training Course**. Any professional willing to pursue a career in Occupational Health and Safety Management Systems (OHSMS) can take up **ISO 45001 Foundation Certification**.

## Format of ISO 45001 Foundation Exam

ISO 45001 Foundation Exam Format	
Exam Name	ISO 45001 Foundation Certification
Exam Format	Multiple Choice-Online
Total Questions	30 Questions
Passing Score	Minimum passing score of 75%
Exam Duration	60 Minutes

Ensure exam success with expert-led problem-solving and realistic mock tests integrated into every training.

# ISO 45001 Foundation Certification Advantages

---



1 Day  
Training



Detailed  
Course Design



Practice Mock  
Tests



Case Study  
By Experts



Experienced  
Trainers



Weekday/Weekend  
Schedule



Completion  
Certificate



Globally Accepted  
Certificate



High Employability  
Chances

# Syllabus of ISO 45001 Foundation Certification Training

---

## Module 1: Introduction, Definition and Fundamentals

- Introduction
- Definitions
- What is ISO 45001?
- Purpose
- About ISO
- Structure
- Who is it for?
- OHSAS 18001 and ISO 45001
- Principles
- Things to Consider in ISO 45001
- Terms and Definitions of ISO 45001

# Syllabus of ISO 45001 Foundation Certification Training

---

## Module 2: Basic Introduction to Occupational Health and Safety Management Systems (OHSMS)

- Management Systems
- What is OHSMS?
- Purpose and Benefits
- History of OHS Management Systems
- ILO Guidelines
- Features of a Successful OHSMS
- Policies
- Occupational Health and Safety Opportunity
- Documented Information
- Control of Documented Information

# About On Demand Skillz (ODS)

---

On Demand Skillz is a professional training & certification provider educating across 100+ countries. We assist professionals and students to acquire necessary skills and get identified by top/large enterprises through globally recognized credentials. Our certification courses are designed to offer state of the art training sessions/courses in multiple domains.



Trusted by Professionals Worldwide



Join a Growing Network of Certified Experts

**Learn Today. Lead Tomorrow.**

We conduct global-level training sessions in ISO, GDPR, Cyber Security, Project Management, Cloud Computing, IT Governance, DevOps, IT Software, and Occupational Health and Safety Management Systems (OHSMS).

## Our Mission

---

To empower individuals and businesses globally through innovative, high-impact professional training that advances careers and builds future-proof skills with integrity.

## Our Vision

---

To be the global leader in transformative learning, empowering every individual and organization to thrive in the future of work.

# Training Services Offering

On Demand Skillz is preferred over traditional training providers because of our agility, cost-effectiveness, and personalized learning approach.

We provide quick access to certified trainers, flexible training formats, and tailored programs designed to meet specific business and career needs.

**Ideal for everyone, Whether you're a**

- **Working professional** looking to upskill and move ahead in your career,
- **Job seeker's** aiming to boost your employability with the right credentials, or
- **Organization** seeking to enhance your workforce's capabilities and productivity,
- **Students** looking to enhance your career and land your dream job
- **Resuming career** after a career break to resume your career journey.

On Demand Skillz is your trusted partner in skill development and professional growth.

**Live  
Interactive  
Learning**

**Fully Remote  
Access**

**Digital  
Resource  
Library**

**Certification  
Focus**



# Your One-Stop Upskill Solution

We've offer world class courses and certification training services on various topics including:



Office Apps &  
Business Skills



Business  
Improvement



Project  
Management



Microsoft  
Technical



Data Analytics  
& AI



Health  
& Safety



IT Infrastructure  
& Networking



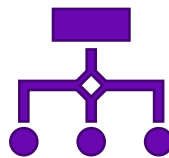
Digital  
Marketing



IT Security  
& Data Protection



IT Service  
Management



Leadership  
& Management



Advanced  
Technology



Programming  
& DevOps



Business  
Analysis



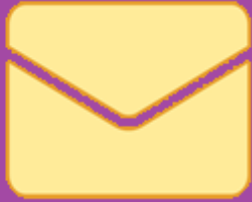
Cloud  
Computing



ISO  
& Compliance

To know more visit

[www.OnDemandSkillz.com](http://www.OnDemandSkillz.com)




# CONTACT US

 **Website:** - [www.OnDemandSkillz.com](http://www.OnDemandSkillz.com)

 **Email :-** [OnDemandSkillz@gmail.com](mailto:OnDemandSkillz@gmail.com)

 **Sales :-** [info@ondemandskillz.com](mailto:info@ondemandskillz.com)

 **Phone :** [+91-8669738419](tel:+91-8669738419)

 **WhatsApp :** [+91-8669738419](tel:+91-8669738419)

